



### **Virtual Training Liability Waiver**

Not all forms of physical activity and cheerleading programs are suitable for everyone. This virtual content provided by KBC Athletics, LLC d/b/a Rockstar Cheer Chambersburg (“Rockstar Cheer Chambersburg”) should only be attempted by someone who meets certain minimum fitness requirements. This warning should not be ignored.

If you have any concerns about pre-existing medical conditions or your current health, please consult your doctor prior to participating in any Rockstar Cheer Chambersburg program. You should never participate in an activity beyond your own comfort level. If at any time you become uncomfortable, you should STOP following this program and consider other alternatives.

By clicking “accept” and continuing to watch Rockstar Cheer Chambersburg’s virtual content, the user / participant assumes all risk of injury in the use and participation in this program and its content. The user / participant further accepts and assumes full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and fully and forever releases and discharges Rockstar Cheer Chambersburg, its insurers, employees, officers, and directors, from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, foreseen or unforeseen, resulting from or arising out the use of this programming.

Athlete Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian Name: \_\_\_\_\_

Parent/Legal Guardian Signature: \_\_\_\_\_